

HOSP – Public Health general update for Portsmouth

Dominique Le Touze – Assistant Director of Public Health

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Mandated Services

Public Health maintains responsibility for delivering the mandated services funded through the ring fenced Public Health grant:

- Appropriate access to Sexual Health services (including contraception services, sexually transmitted testing and treatment and HIV testing)
- Ensuring plans are in place to protect the health of Portsmouth residents (including immunisation and screening plans)
- Ensuring CCG receives the public health advice they need to support the commissioning of services (Core Offer)
- National Child Measurement Programme
- NHS Health Check assessment
- Prescribed children's 0-5 services
- Commissioning of Local Healthwatch

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Public Health Business Plan 2022/23: Priorities

There are 7 priorities for Public Health for 2022/23:

- Reduce the harm caused by substance misuse including alcohol misuse
- Reduce the prevalence of smoking, including smoking in pregnancy, across the city working with partners to ensure sustained system wide action
- Reduce unwanted pregnancies by increasing access to Long-Acting Reversible Contraception (LARC) in general practice, maternity and abortion pathways, and strengthening LARC pathways with vulnerable groups
- Promote positive mental wellbeing across Portsmouth and reduce suicide and self-harm in the city by delivering the actions within Portsmouth's Suicide Prevention Plan (2018-21) and the STP Suicide Prevention Plan (2019-20)
- Promote healthy weight, reducing the harms from physical inactivity and poor diet
- Work with Council partners to address the health impacts of the built and natural environment.
- Enable an intelligence-led approach to addressing key health and care priorities for the city including supporting the ongoing response to COVID-19

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Public Health Commissioned Services

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- National Child Measurement Programme
- NHS Health Check assessment
- Prescribed children's 0-5 services (Section 75)
- Commissioning of Local Healthwatch.

Public Health are also responsible for Local Commissioned Services (LCS), which are NHS services that provide a response to local health needs and priorities, sometimes adopting national service specifications. They ensure additional local provision in the areas of sexual health, smoking cessation, NHS Health Checks and substance misuse (alcohol and drugs).

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Service	Provider/s	Contract terms	Update
Locally commissioned services (smoking cessation, alcohol awareness, supervised consumption, needle exchange, emergency hormonal contraception, Long Acting Reversible Contraception, NHS Health Checks)	GP practices and community pharmacy	Term: rolling year on year	These services have been recommissioned from 1 st April 2021. These services are paid for by activity on patient led basis, however NHS Health Checks is invitation only and is a local authority mandated service. Long Acting Reversible Contraception provision being supported by workforce development and quality improvement work enabled jointly by Portsmouth City Council and Portsmouth CCG.
Integrated Drug and Alcohol treatment and support service. Including: assessment and case management, medical interventions, psychological and social support interventions, specialist substance misuse housing support	Society of St James (SSJ)	Commenced 1 st June 2022 initially until 31 st March 2026, but flexibility to extend up to 31 st March 2032.	This service has recently been re-commissioned. The new contract was awarded to the incumbent lead provider, SSJ. SSJ are working in partnership with an NHS provider called Inclusion, who provide drug and alcohol services across the country. Additional elements within the new contract include: expanded opening hours to 7 days per week, expand women only provision, expanded support for carers/families, provide some alcohol only provision and deliver abstinence based supported housing.
Sexual Health (contraception, testing and treating sexually transmitted infections, HIV prevention and testing, sexual health promotion, Psychosexual Counselling, Networks and training)	Solent NHS Trust	Current contract extended to end of March 2024.	Commenced 2017. Includes mandated services. This is a joint contract with commissioners across Hampshire, Portsmouth, Southampton and Isle of Wight Local Authorities and CCGs. Solent NHS Trust are paid monthly based on 1/12th of the contract. Some elements are tariffed based but there is a financial upper cap. The mainland LA's have the ability to reconcile at year end, making a claim for underactivity. Now includes provision of PrEP. Undertaking a Systems Thinking Review and Intervention testing.
Health Visiting & School Nursing and National Childhood Measurement Programme (in conjunction with Children's and Families Directorate)	Solent NHS Trust	Section 75 agreement - ongoing	Solent NHS Trust are commissioned by Children's Services to deliver Health Visiting and School Nursing
Healthwatch	The Advocacy People	Term; 4 years with options to extend up to 7 years	Mandated service - and new contract which commenced April 2021 with The Advocacy People

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COVID-19 Public Health Response

- PH rota provided advice and interpretation of national guidance into HR plans for staff including use of PPE, social distancing, resident home visits, volunteering and infection control in care homes, schools, sheltered housing and our homeless accommodation
- Via our Communications lead, much of the internal and external facing communication messages on our intranet and internet sites have a PH focus
- Public Health Portsmouth worked in partnership with colleagues across HIOW to develop a range of Covid-19 Intelligence products that are being used to inform the local response and recovery efforts – incl. modelling, recovery timeline and PCC GOLD dashboard
- PH have been part of local Test and Trace arrangements (working with UKHSA) in terms of managing more complex outbreaks in Portsmouth.
- PH have lead the local contact tracing service in Portsmouth that followed up all confirmed cases of Covid-19 not contacted by the national team at 24 hours.
- PH manage the Community Testing Site in the Somerstown Hub offering both supervised asymptomatic testing for residents and critical workers as well as community collect of test kits and roving community distribution.
- PH have led the development of the local outbreak plans and the DPH Chairs the local Health Protection Board and sits on the local Member Led Engagement Board

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Joint Working – Portsmouth CCG through HCP

- Merging commissioned functions where appropriate with CCG and adults / children's through Health and Care Portsmouth S75s
 - Shared resources
 - Potential to pool funding on programme areas
 - Main benefits from PH services perspective to improve outcomes for residents
 - Better join up of sexual health commissioning (remove false barriers between funding / provision)
 - Opportunity to improve join between mental health and substance misuse services
 - Strong links with the Homeless Primary Healthcare Team
 - Link / support into Primary Care Networks as they develop Jointly agreed Patient Group Directives (prescribing) with the CCG
- Strengthened Intelligence links including:
 - Supporting intelligence-led Population Health Management approaches across PSEH
 - Providing maps and analysis e.g. using SHAPE to support CCG planning and decision-making
 - Engaging the CCG in joint approaches to key city challenges through the Knowledge Network, Modelling Stakeholders meeting etc

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Public Health Intelligence

- Sourcing, collating, analysing and presenting the latest Covid-19 data and intelligence to a range of meetings and audiences to ensure informed decision making. This includes:
 - Local Outbreak Engagement Board
 - Health Protection Board
 - PCC Gold
 - Member briefings
 - HIOW LRF Recovery Coordinating Group
 - Health and Care Portsmouth Care Home Support meeting
 - Operational activity e.g. Local Contact Tracing Service
 - PCC communications with residents e.g. through the website and social media
- Working with HIOW Public Health analyst teams to provide a suite of products to support the Covid-19 response and recovery. This includes detailed modelling to local systems of potential scenarios around cases, hospital admissions and deaths, which informs planning around demand and capacity
- Continuing to produce data and analysis that supports the local authority and the health and care system to understand and respond to the needs of residents beyond the immediate challenges related to the pandemic. This will inform a refreshed Joint Strategic Needs Assessment that will underpin and enable cross-system priority setting through the next Health and Wellbeing Strategy for Portsmouth
- Building on the learning from joint work to address Covid-19 in order to effectively implement Population Health Management

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Joint working – violent crime

- Integration of the Community Safety analysts into the Public Health Intelligence Team formally took place from January 2021. The Community Safety analysts produce an annual Community Safety Strategic Assessment for Portsmouth that informs local partnership efforts to address the priority issues in the city.
- We continue to support the implementation of the serious violence strategy, including further research to understand the cohort at risk of being drawn into serious violence.
- Data is now regularly received and analysed on violence, drugs and alcohol related activity in the Emergence Department at Portsmouth Hospitals University Trust. This provides a richer understanding of these what are known to be under-reported issues to the Police.

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In house service - Wellbeing Service (update at 31/5/22)

Overview:

- Wellbeing team currently providing support via telephone (approx. 55%) support (inc. Microsoft Teams and Zoom)
- Approx. 45% of support is now provided face to face; mostly weight management support
- Currently 311 active clients, plus 49 new referrals
- Offering 12 Week Weight Management Programme 'Let's Bounce Back' with links to physical activity; aim to support 700+ residents to respond to any weight gain/physical inactivity occurred during lockdowns
- New website launched December 2021 - promoting health improvement, enables client to self refer with ease, and provides wide range of links to support (both local and national)

Referrals:

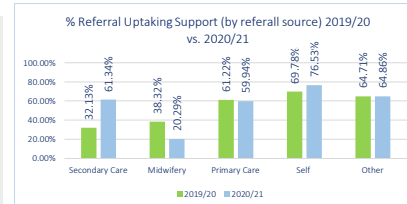
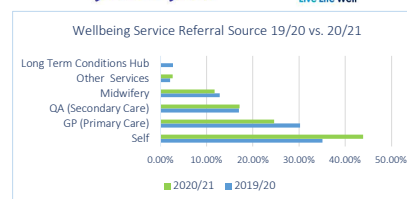
- Overall up 106% on previous year (Oct 19/Sept 20 to Oct 20/Sept 21) – key increase in self-referrals (8.82%)
- Slight decline in referrals from midwifery and primary care (-5.65%)
- Secondary care referrals remain similar, with respiratory accounting for approx. 25.5% of all secondary care referrals (20/21), an increase of 2.5% on previous year
- Overall uptake of service increased from 52% to 60.92% - mostly from secondary care referrals
- Jan-Apr 2022 has seen an increase of 170% in referrals on same period in 2021, predominantly self referrals

Support Provided:

In the year to 30th September 2021 the Wellbeing Service provided 2504 interventions, comprising:

- 2159 (86.22%) smoking/nicotine support of which, 1073 (49.7%) set quit date
- 327 (13.06%) weight management support
- 18 (0.72%) alcohol support

Historically, smoking cessation support was approx. 66% of Wellbeing service provision, this changed significantly during covid-19 but is currently back to being 2/3rds of provision.



Wellbeing Service screen all clients for main four risk factors:

- Smoking status
 - BMI check
 - Physical activity levels
 - Alcohol consumption
- and
- Mental Wellbeing (Edinburgh Warwick)

Homelessness and health

- Portsmouth has been awarded additional funding for homeless drug & alcohol treatment from now until March 2025. This funds a team of staff to engage and support people with their complex needs. This includes psychological and mental health support for those with co-occurring conditions. There will be additional funding for inpatient detox and residential rehabilitation for this group.
- Portsmouth has also been awarded an additional funding from NHS England to provide specialist homeless mental health provision. This will build on and compliment the drug & alcohol project.
- Public Health have been working closely with CCG colleagues to develop a sustainable homeless primary healthcare team, building on pilot work. Recruitment for this team is now underway.
- We have undertaken outreach Covid-19 vaccinations of rough sleepers and homeless living in hostels and other interim accommodation. We also undertook TB and blood borne virus screening of homeless people.
- Public Health continue to work closely with PCC Housing and third sector homelessness providers providing advice and guidance

Substance misuse

- There are approximately 1,540 heroin and crack cocaine users in the city and 4,000 alcohol dependent people.
- 1,436 people have accessed drug & alcohol treatment in the past year (766 opiate users, 292 non-opiate drug users, 378 alcohol only clients).
- The annual treatment spend per annum is approx. £2.5m, although since 21/22 there is been significant additional investment by the Government for work with rough sleepers and criminal justice clients, up to £1m. This funding will be further enhanced over the next 3 years with ring-fenced funding, taking the annual spend to around £4.7m in 2024/25 (although this takes it back to the level it was in 2012/13).
- Drug and Alcohol Treatment 'saves' between £4 and £9 for every £1 spent (in criminal justice, social care, healthcare costs etc.)

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Sexual Health

- Portsmouth Total Abortion rate remains above national rate, including for above 25s (which is stable) and under 25s repeat abortion rate which rose significantly in 2020*.
- During pandemic Portsmouth maintained LARC provision in primary care, despite a national dip.
- Maternity in a position to provide standard contraception (condoms, pill and injectable)
- Portsmouth one of the 'contraception management in pharmacy' national pilot sites in England (tier 1: free repeat contraceptive pills)
 - currently 10 active providers
 - highest volume seen in Portsmouth in comparison to the other pilot sites
- Pharmacy Emergency Contraception audit across Hants, Portsmouth and Southampton informed training event planned June 2022.
- Portsmouth continues to have high STI testing rate and high positivity for STIs (second highest in South East, 2020*)
- Systems Thinking Review within Solent NHS Trust sexual health service to inform recommissioning for April 2024
 - Check phase complete showed high quality clinical work but waste work most seen in access systems
 - Redesign phase testing an alternative 'front door' primarily

*Latest data available.

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Partnership working: Children's Public Health Strategy 2021 - 2023

No.	Long-term Strategic Priority & Vision
1	The Best Start As far as possible, all women and their partners make an informed decision about becoming pregnant; all women have access to opportunities which improve their physical and mental health throughout their pregnancy and into parenthood.
2	Thriving Parents In Portsmouth we believe that parents are key to helping children and young people achieve their very best. Parents will be supported to fulfil their role to the very best of their abilities, whilst taking responsibility for helping to create the city we all want our children to thrive in.
3	The Impact of Poverty For all families to have access to pathways, opportunities and living conditions that support their child's long-term physical health, reducing the inequalities that exist as a result of poverty.
4	Environmental and Social Planning For all new plans and key decisions regarding the built environment and healthy place-shaping to have embedded within their process a focus on the physical health of maternity, children and young people.

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Childhood Obesity

- The superzone pilot re-launched in September 2021. Covid pressures within the school led to slower progress than anticipated, actions are taking place under 4 themes (Healthy Food environment, Active Places, Cleaner Air, Community and Safety) designed to support children to be healthier.
- Family weight management via Wellbeing Service continues to be provided.
- Our new Physical Activity Strategy for H10W (including Portsmouth) was published July 2021. An Action Plan for Portsmouth was developed with and presented back to the Active Portsmouth Alliance in Dec 2021. The Action Plan is used to monitor progress in reducing physical inactivity. Positive early experiences of activity for children and young people is one of the objectives, which correlates to working to improve children/young people's activity levels, through a range of actions set-out in the Action Plan.
- Joint working with key professionals (maternity, health visitors, school nurses, community physical activity organisations etc.) to utilise our limited resource, continues.
- A new national childhood obesity campaign launched in January 2022 ('New Better Health'), which we promote via our networks, so families can access resources to help them make healthier choices. In addition we promote healthy diet (e.g. Snack Swaps, Sugar Swaps) and physical activity messaging (e.g. 10 minute shake-up, active 10).

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Mental health and emotional wellbeing

- There is an expectation that there will be an increase in debt, financial insecurity issues and a rise in unemployment compounding mental health distress in the coming months, we are working with debt collection and debt advice services in the city to ensure that the system screens for mental wellbeing and signposts effectively.
- We are also working with mental health service providers to ensure that they screen patients for debt and money issues and signpost to debt support services.
- We are building capacity in anticipation of an increase of low-level mental and emotional distress across the city. Working with employers and trade groups through the Portsmouth Mental Health Alliance to offer mental health & wellbeing training (Connect 5), as part of their workplace wellbeing workstream.
- Review underway of Suicide Prevention Action Plan and refresh scheduled, informed by audit on coroners records of suicides and national intelligence on emerging 'at-risk' population groups to target prevention training and resources at key 'touch-point' e.g. community leaders, businesses and service providers.
- Set-up is underway of the local real time surveillance (RTS) i.e. gathering intelligence on suspected suicides that have taken place locally, trigger protocols for local partners response &/or escalating further action and provides the means to offer timely support to people who have been bereaved or affected by a suspected suicide.
- Locally we are leading the way on postvention for children and young people who are bereaved by suicide, the training and resource piloted here will also be utilised to build capacity regionally through the STP suicide prevention fund and regional RTS systems.

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Joint Working

Air Quality

- Multi-agency Air Quality Board to deliver Health and Wellbeing Board priority on Air Quality and Active Travel - Public Health Chair
- Continued provision of health intelligence to support Transport colleagues in the delivery of the city's Clean Air Zone
- Transport colleagues undertaking a range of projects (e.g behavioural change project to reduce car use, promote active and sustainable travel), which delivers against broader health priorities (prevention, obesity, physical activity etc)
- Public Health Portsmouth represent HIOW public health on Energy and Sustainability ICS Board

Climate Change

- Cross-agency Portsmouth Climate Action Board created 2019 in response to Climate Emergency, Chaired by University, Public Health and Portsmouth Hospital Trust included on membership

Green & Healthy City

- Public Health have provided 2 years of full time funding for a Green and Healthy City Officer to oversee delivery of the City Greening Strategy and coordinate 'greening work' in the city.
- Post managed in Public Health to align with health priorities, particularly inequality. Strategic support from Planning Policy.

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Joint Working – Transport

- Public Health a member of Local Transport Plan 4 working group that brought the plan to fruition.
- Key strategic objectives deliver positive health outcomes.
- Providing health intelligence to support flagship programmes and policies, including:
 - South East Hampshire Rapid Transit scheme (rapid bus travel)
 - Refreshed Air Quality Strategy
 - Future Transport Zone to promote active travel
 - Support for funding bids

Our priorities



Transforming public transport



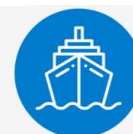
Delivering cleaner air



Prioritising walking



Prioritising cycling



Supporting business

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Joint Working - Planning

- Forthcoming Portsmouth Local Plan has a clearly articulated policies on air quality , health and wellbeing and Health Impact Assessment (HIA) for major development applications.
- Public Health working with Development Management colleagues to
 - consistently require HIAs
 - respond to scoping requests and
 - to develop a clearly articulated framework for HIA submissions
- Public Health routinely consulted on development applications and included in:
 - Planning Performance Agreements
 - steering stakeholder groups for strategic development and regeneration proposals
- Providing health intelligence to support programmes and policies, including:
 - Major developments
 - Regeneration proposals



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